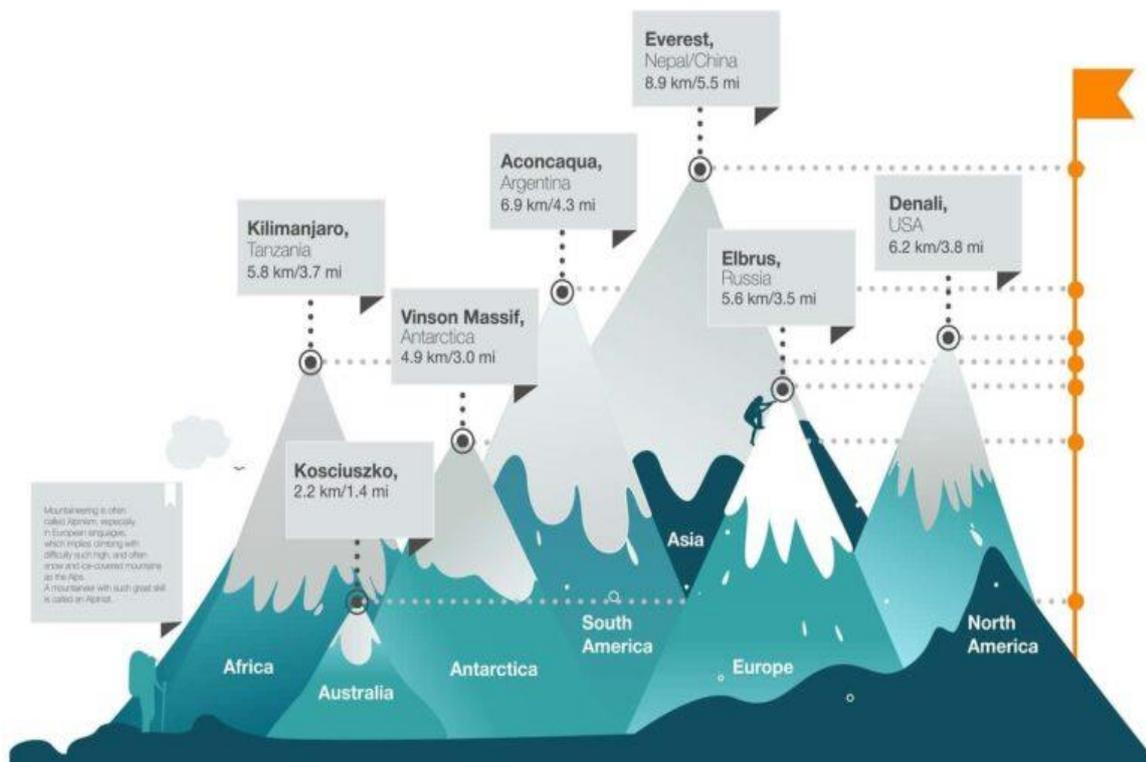




## Place in News - Mount Elbrus

**Context:** The Governor of Arunachal Pradesh has praised Kabak Yano for his successful ascent of Mount Elbrus, which is recognized as the highest peak in both Russia and Europe.



### About Mount Elbrus:

- A dormant stratovolcano that stands as the tallest peak in Europe.
- Acknowledged as a component of the Seven Summits Challenge.
- **Location:** Found in the Caucasus Mountains, in southwestern Russia, close to the border with Georgia.
- **Nations Spread Across:** While it is entirely located in Russia, it is in proximity to Georgia and the broader Caucasus region.



**Features:**

- **Height:** 5,642 metres (18,510 feet) above sea level.
- **Form:** An extinct twin-coned volcano that was formed approximately 2.5 million years ago.
- **Glaciers:** Approximately 22 glaciers cover around 138 square kilometers, supplying rivers such as the Kuban and Terek.
- **Recognition:** It ranks among the ten most prominent peaks globally.

**About the Seven Summits Challenge:**

- A distinguished mountaineering challenge that involves climbing the highest peak on each continent.
- Initially proposed and accomplished by Richard Bass in 1985.
- It symbolizes physical endurance, mental resilience, and the spirit of global adventure.

**Mountains Involved (Messner Version):**

- **Asia** – Mount Everest (8,848 m)
- **South America** – Aconcagua (6,962 m)
- **North America** – Denali / Mt. McKinley (6,194 m)
- **Africa** – Mount Kilimanjaro (5,895 m)
- **Europe** – Mount Elbrus (5,642 m)
- **Antarctica** – Vinson Massif (4,892 m)
- **Oceania (Australasia)** – Puncak Jaya / Carstensz Pyramid (4,884 m)